

## SUBSTANCE ABUSIVE BEHAVIOR AMONG DRIVERS IN LUCKNOW CITY

D. Shailja<sup>1</sup>, k. Sharmila<sup>2</sup> & Sunita Mishra<sup>3</sup>

<sup>1</sup> Research Scholar, Department of Human Development and Family Studies, School for Home Science,  
Babasaheb Bhimrao Ambedkar University, Lucknow, Uttar Pradesh, India

<sup>2</sup> Assistant Professor, Department of Human Development and Family Studies, School for Home Science,  
Babasaheb Bhimrao Ambedkar University, Lucknow, Uttar Pradesh, India

<sup>3</sup> Professor, Department of Human Development and Family Studies, School for Home Science,  
Babasaheb Bhimrao Ambedkar University, Lucknow, Uttar Pradesh, India

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### ABSTRACT

Globally drug is any chemical substance which when taking into body interact with tissue to modify the biochemical process of the body. Some of the drug exerts a major effect on the body or brain causing (sleeping) stimulation which in the change of mood and behavior. To assess the substance abusive behavior among male drivers in Lucknow city. Community base descriptive study which employed a quantitative approach was conducted on substance abuse among drivers 17 Jan to 30 May 2018. A structured questionnaire was used to measure the magnitude and associated factors for substance use on the total sample size of 50 in Lucknow city, followed by face to face interview to establish a relationship between what is the questionnaire and responses from the interview. The literature of review revealed that among drivers, substance abuse occurs as part of the cluster of problems and abusive behaviors. Predisposing behavior tendencies, majority of 30% loss of control, 22% asking for money from spouse/ parents and fight with their spouse/parents, 20% lying, 16% stealing, 12% skin- picking or hair- pulling. Involvement in fights, lying, and criminal activities was observed to be closely associated with substance abusive behavior.

**KEYWORDS:** Substance Abuse, Abusive Behavior, Drivers, Lucknow City